

Flag Football Camp

Camp Description:

Flag Football Camp:

7-14 yrs / 4 days / \$101

You will enhance your skills and experience some thrills in this camp. This is a non-contact football camp designed to introduce beginner players to flag football basics, and hone the skills of intermediate players. You will work on passing, catching, running routes and general offensive and defensive schemes (no blocking/tackling drills). You will apply your skills in daily scrimmages. Make up first rain cancellation on Friday. Fee includes a t-shirt. ♦Extend your hours with Summer Mix Camp; see page 17. Registration: 410-313-7275. Information: Will Dunmore at 410-313-1697 or wdunmore@howardcountymd.gov

7-10 yrs

RP7305.401	Centennial Pk West-Field 7	Jul 15 9AM-noon	M-Th
RP7305.402	Cedar Lane Pk West-Field 5	Jul 22 9AM-noon	M-Th
RP7305.403	Rockburn Pk-Field 5	Jul 29 9AM-noon	M-Th
RP7305.404	Howard HS	Aug 5 9AM-noon	M-Th

11-14 yrs

RP7305.411	Centennial Pk West-Field 7	Jul 16 9AM-noon	M-Th
RP7305.412	Cedar Lane Pk West-Field 5	Jul 23 9AM-noon	M-Th
RP7305.413	Rockburn Pk-Field 5	Jul 30 9AM-noon	M-Th
RP7305.414	Howard HS	Aug 5 9AM-noon	M-Th

Additional Camp Information:

- ☐ Complete and turn in the “Camp Participant Information Form” to the Camp Director. This **MUST** be completed and on file at the camp before your child may participate.
- ☐ Complete and turn in the “Medication Order” form only if your child needs to take medicine during camp hours. (Includes inhalers, epi-pens, Benadryl, Tylenol, all prescription and non-prescription medication to be administered at camp).
- ☐ BRING A FILLED REUSABLE WATER BOTTLE – extra water will be available on-site and we will take frequent water breaks.
- ☐ Wear comfortable, light colored clothing and athletic shoes. Jewelry of any kind is discouraged.
- ☐ Apply sunscreen prior to arrival at camp.
- ☐ **All campers MUST be signed-in and signed-out DAILY.** Curb drop-off and pick-up are not options as a safety precaution for our campers. (A signed note must be given to the Camp Director for permission for your child to go home with anyone other than those listed on the “Camp Participation” form).
- ☐ Friday is reserved as a rain date.

Important Forms:

- **[Participant Information Form](#)** ←click to access form online
You MUST bring this form, completed and signed, with you on the first day of camp. Without this form, we cannot accept your child at camp. Please notify the Camp Director in writing of any allergies or health concerns pertinent to your child's camp experience.
- **[Medication Order Form](#)** ←click to access form online
Sending medication to camp is highly discouraged. But, if it is necessary for medication to be administered during the operation of the camp, a Medication Order Form must be filled out and signed by the parent. Forms are available on the Department's website: www.hcrpsports.com or can be obtained at camp on the first day. A separate form is required for each medication. All medications must be in the original container with the medication name, physician's name, dosage and expiration date.

Directions:

Rockburn Park - 14800 Carrs Mill Rd., Woodbine MD, 21723. From I 70, exit Route 97 South. After crossing Frederick Road, Route 144, go about 1.3 miles to Carrs Mill Rd and turn right. Proceed about .3 mile; entrance to the park will be on the right.

CEDAR LANE PARK (WEST AREA) – 5081 Cedar Lane, Columbia, MD 21044.
Route 29 South to Route 108 West. Route 108 to Cedar Lane (opposite Howard County Board of Education). Left onto Cedar Lane. Park entrance is on left approximately ¼ mile. Meet at Pavilion. OR
Route 29 to Brokenland Parkway bear left on ramp (towards Town Center). Left at first light onto Hickory Ridge Road. Right onto Cedar Lane. Left onto Harpers Farm Road. Right onto Rivendell. Follow road to Park entrance on right. Meet at Pavilion. OR
I - 95 to Exit at Route 175 West (towards Columbia). Route 175 through Columbia Town Center, past Howard Community College. Right at light onto Cedar Lane. Left onto Harpers Farm Road. Right onto Rivendell. Follow road to Park entrance on right. Meet at Pavilion

Centennial Park West - Centennial Lane, Ellicott City, MD 21042 (ball fields, tennis center). Route 29 to Route 108 West. Follow Route 108 West to Centennial Lane. Make right onto Centennial Lane to the park entrance on right.

Western Regional Park- 14900 Carrs Mill Rd Woodbine, MD 21723. Exit onto Route 97 southbound. Proceed approximately 2 miles. Turn right onto Carrs Mill Road. Proceed 0.4 miles. Park entrance is on the right.

Inclement Weather:

For inclement weather program changes, information will be available 45 minutes prior to the camp start time on the Department's program status line, 410-313-4451; press 4 for camps. The recorded message will reflect any change to the drop off location or time changes for the camp.

For More Information:

Will Dunmore
Recreation Supervisor
410-313-1697
wdunmore@howardcountymd.gov